

THIS IS YOUR **PLAYGARDEN**.  
YOU **BELONG** HERE. **BE KIND** TO  
YOURSELF AND OTHERS. **PLANT** SEEDS AND  
WATCH THEM GROW. **GROW** BERRIES  
AND **EAT** THEM. **LEARN** WHY THE  
CLOUDS MOVE, HOW THE SUN WARMS  
THE EARTH, WHY LEAVES FALL, THE  
SIGN FOR I LOVE YOU. **PLAY** BY  
YOURSELF AND WITH OTHERS. FIND  
**TREASURES** AND THEN HIDE THEM  
FOR SOMEONE ELSE TO FIND.

**INCLUDE EVERYONE.**

TAKE TURNS, SHARE SHOVELS, TRUCKS,  
AND TURNS ON THE SCOOTER. TELL  
EACH OTHER YOUR IDEAS AND  
STORIES. WHEN YOU HURT SOMEONE  
ON THE INSIDE OR ON THE OUTSIDE,  
**ASK, "WHAT CAN I DO TO MAKE IT  
BETTER?"** USE TWO HANDS WHEN

PICKING KALE: ONE TO STEADY THE STEM SO THE ROOTS STAY IN THE GROUND AND THE OTHER TO PLUCK THE LEAF. **NOT EVERYONE CAN DO EVERYTHING BUT EVERYONE CAN DO SOMETHING.** LEARN ABOUT WHAT THAT SOMETHING IS. CHICKENS AND WORMS CAN'T SWIM. BUT CHICKENS LAY EGGS & WORMS MAKE OUR SOIL. **YOUR HAND IS YOUR HARVEST BASKET.** PICK A HANDFUL OF BERRIES AND LEAVE THE REST FOR OTHERS. DO IT YOURSELF, IF YOU CAN. ASK FOR HELP IF YOU NEED IT. OFFER TO **HELP** OTHERS.

**LISTEN** TO THE RAIN, THE BEES AND EACH OTHER. **DRESS FOR THE WEATHER.** ONLY CLIMB THE STRONG TREES, THOSE WITH THICK BRANCHES THAT DO NOT BEND. THE PAPA GOOSE IS NOT MEAN OR BAD, HE IS PROTECTING HIS FLOCK.

**WE ALL HAVE A PURPOSE.** YOUR  
FRIENDS ARE MY FRIENDS AND MY  
FRIENDS ARE YOUR FRIENDS. **PLAY**  
MORE.